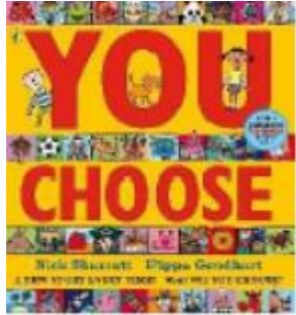
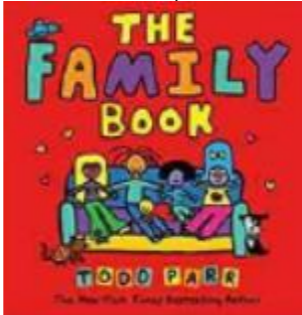

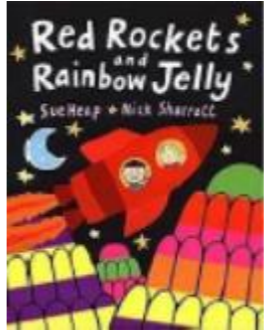




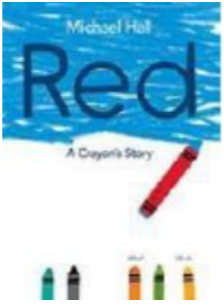
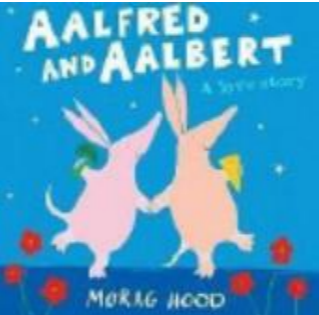
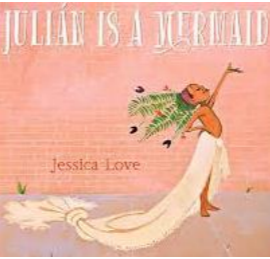




PIONEERS PSHE LONG TERM PLAN							
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	One Decision Topic	Being responsible	Relationships KS1/ Growing and Changing KS2	Keeping/ staying healthy Staying Safe Online	Hazard watch/ A world without Judgement	Feelings and emotions	Keeping and staying safe
EYFS	Dilemma Drops (4 x lessons)	Dilemma drops linked with strand	Dilemma drops linked with strand	Dilemma drops linked with strand	Dilemma drops linked with strand	Dilemma drops linked with strand	Dilemma drops linked with strand
	British Values (1 x lesson)	BV: Individual Liberty Lesson 1: How do I feel? L.I. To develop an awareness of their own needs, vies and feelings L.I. To be able to talk about how they feel	BV: Mutual Respect & Tolerance Lesson 1: Everyone is special L.I. To know that there are similarities and differences between people.	BV: Mutual Respect & Tolerance Storybook <u>extension session</u> * Book: But Martin! L.I. To know that there are similarities and differences between people To know the importance of getting along with each other.	BV: Democracy Lesson 1: We all have a voice L.I. To be able to express an opinion To know that their own and the views of others count.	BV: Rule of Law Lesson 1 Living together & Getting along L.I. To know the difference between right and wrong. To know the need for rules.	BV: Rule of Law Storybook <u>extension session</u> * Book: The Giving Tree L.I. To be able to identify when a situation is not shared or equal.
	No Outsiders (1 x lesson)	You Choose  L.I: To say what I think.	The Family Book  L.I: To understand that all families are different.	Everybody's Welcome  L.I: To make you feel welcome.	Red Rockets and Rainbow Jelly  L.I: To know it is OK to like different things.	Blue Chameleon  L.I: To understand the importance of friendship.	Hello Hello  L.I: To understand that we can make friends with different people.
KSI Year 1 Note: Y1 pupils are also to complete baseline assessment at the start of each strand.	One Decision (4 x lessons - 1 baseline & 3 one decision)	Baseline & Practice makes perfect	Baseline & Bullying	Baseline & Healthy eating E-safety- On-line bullying	Baseline & Is it safe to eat or drink?	Worry	Road safety Living in Our World
	British Values (1 x lesson)	BV: Individual Liberty Lesson 2: Only one you L.I. To be sensitive to and respect others' feelings. To be able to make decisions.	BV: Mutual Respect & Tolerance Lesson 2: Everyone is special L.I. To know that people have things in common but that everyone is unique.	BV: Democracy Lesson 2: Making it fair L.I. To understand the importance of teamwork	BV: Democracy Storybook <u>extension session</u> * Book: The Hungry Giant L.I. To be able to identify when something is unfair. To understand that unfair situations can be solved by group action.	BV: Rule of Law Lesson 2: Living together & Getting along L.I. To know that everyone in a community has rights and responsibilities. To know who helps them in school and in the community.	BV: Rule of Law Storybook <u>extension session</u> * Book: How to heal a broken wing L.I. To know what is meant by responsibility.
	No Outsiders	My World, Your World	Hair, it's a family affair.	Ten Little Pirates	Going To The Volcano	Elmer	Errol's Garden

	(1 x lesson)	 LI: To understand that we share the world with lots of people.	 LI: To understand that we are different but should embrace inclusion.	 LI: To play with boys and girls.	 LI: To understand equality and that everyone can join in.	 LI: To like the way I am.	 LI: To understand how to work together.
KSI Year 2	One Decision (3 x lessons)	Water Spillage Helping someone in need	Friendship Body language	Washing hands & Brushing teeth E-Safety- Image sharing	Is it safe to play with?	Anger Jealousy	Staying safe Working in Our World
	Zones of Regulation (1 x lesson)	Concept 1 - What is regulation? LI: I can use the word 'regulate' in a sentence. LI: I can describe one or more ways a person may regulate themselves. Introduction & Core Lesson	Concept 1 - What is regulation? LI: I can use the word 'regulate' in a sentence. LI: I can describe one or more ways a person may regulate themselves. Video & Group Activity	Concept 1 - What is regulation? LI: I can use the word 'regulate' in a sentence. LI: I can describe one or more ways a person may regulate themselves. Geared Activity & Wrap Up	Concept 2 - Introducing The Zones of Regulation LI: To name and describe the four Zones of Regulation LI: To sort or categorise feelings into the four Zones of Regulation. Introduction & Core Lesson	Concept 2 - Introducing The Zones of Regulation LI: To name and describe the four Zones of Regulation LI: To sort or categorise feelings into the four Zones of Regulation. Digital Game & Group Activity	Concept 2 - Introducing The Zones of Regulation LI: To name and describe the four Zones of Regulation LI: To sort or categorise feelings into the four Zones of Regulation. Geared Activity & Wrap Up
	British Values (1 x lesson)	BV: Individual Liberty Lesson 2: My Many Coloured Day L.I. To be sensitive to and respect others' feelings. To be able to make decisions.	BV: Mutual Respect & Tolerance Lesson 3: Welcome to our class L.I. To be able to identify and respect the similarities and differences between people	BV: Democracy Lesson 3: Making it fair L.I. To be able to make choices and begin to understand and respect the democratic process.	BV: Democracy Storybook <u>extension session</u> * Book: The Day the Crayons Quit L.I. To be able to identify when something is unfair. To understand that unfair situations can be solved by group action.	BV: Rule of Law Lesson 2: Living together & Getting along (What are rules?) L.I. To know what is right / wrong and apply it in their own life. To understand the need for rules.	BV: Rule of Law Storybook <u>extension session</u> * Book: When I care about others L.I. To know that that the way they treat others is important.
	No Outsiders (1 x lesson)	The Great Big Book of Families.  LI: To understand what diversity is.	Super Duper You  LI: To celebrate individuality.	What the Jackdaw Saw  LI: To understand that we communicate in different ways.	Amazing  LI: To understand acceptance.	How To Be A Lion  LI: To have self-confidence.	All Are Welcome  LI: To know where I belong.
LKS2 Year 3 Note: Y3 pupils are to complete exit assessment	One Decision (3 x lessons)	Stealing	Touch	Medicine E-Safety- Making friends on-line	Fire Safety (Specialist Unit)	Grief	Leaning out of windows Looking After Our World
	Zones of Regulation	Concept 3 - All the Zones Are Okay.	Concept 3 - All the Zones Are Okay.	Concept 3 - All the Zones Are Okay.	Concept 4 - My Signal, My Zones	Concept 4 - My Signal, My Zones	Concept 4 - My Signal, My Zones

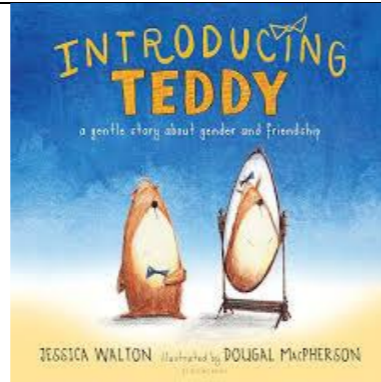
at end of each strand.	(1 x lesson)	LI: To connect feelings and Zones with real-life situations. LI: To give examples of how people can have different feelings and perspectives in a situation. Introduction & Core Lesson	LI: To connect feelings and Zones with real-life situations. LI: To give examples of how people can have different feelings and perspectives in a situation. Group Activity	LI: To connect feelings and Zones with real-life situations. LI: To give examples of how people can have different feelings and perspectives in a situation. Geared Activity & Wrap Up	LI: To name at least one body signal I feel when I am in each zone. LI: To explain how body signals for each zone. Introduction & Core Lesson	LI: To name at least one body signal I feel when I am in each zone. LI: To explain how body signals for each zone. Group/Geared Activities (each zones' signals)	LI: To name at least one body signal I feel when I am in each zone. LI: To explain how body signals for each zone. Wrap Up
	British Values (1 x lesson)	BV: Individual Liberty & Respect for Diversity Lesson 1: Plan to be good L.I. To be able to write a letter in role as the dinosaur, promising proper order and character reformation.	BV: Individual Liberty & Respect for Diversity Lesson 2: Encouraging Difference (Giraffes Can't Dance) L.I. To be able to use encouragement when respecting everyone's differences.	BV: Individual Liberty Lesson 1: Free to be Me L.I. To be able to explore ways I am free to be me. To know ways to help others to be free to be themselves.	BV: Individual Liberty Lessons 2 & 3: Free to be Me (merged into 1 lesson) L.I. To be able to value and respect everyone's individual name. To be able to choose words to describe my individual personality.	BV: Individual Liberty & Respect for Diversity Lesson 5: Express Yourself L.I. To be able to freeze-frame as a character, thinking & speaking in role.	BV: Mutual Respect, Tolerance & Diversity Lessons 1 & 2: Welcoming New People (Merged into 1 lesson) L.I. To be able to describe how to welcome people and practice being welcoming.
	No Outsiders (1 x lesson)	This Is Our House  LI: To understand what discrimination is.	The New Jumper  LI: To understand how to be yourself.	Beegu  LI: To be welcoming.	The Truth About Old People  LI: To understand ageism and stereotypes.	We're All Wonders  LI: To understand conflicting feelings.	Planet Omar  LI: To know what life in Britain is like.
LKS2 Year 4 Note: Y4 pupils are to complete baseline assessment at the start of each strand.	One Decision (3 x lessons)	Coming home on time	Appropriate touch	Healthy living E-Safety- On-line bullying	Breaking down barriers	Jealousy First Aid (Specialist Unit) Asthma & Allergies	Cycle safety My Money Week - Chores at Home
	Zones of Regulation (1 x lesson)	Concept 5 - The Zones Check-In LI: To pause and do a Zones Check-In independently and with others. LI: To check in when I am in each zone. Introduction & Core Lesson	Concept 5 - The Zones Check-In LI: To pause and do a Zones Check-In independently and with others. LI: To check in when I am in each zone. Group Activity	Concept 5 - The Zones Check-In LI: To pause and do a Zones Check-In independently and with others. LI: To check in when I am in each zone. Geared Activity & Wrap Up	Concept 6 - Situations that Trigger and Spark LI: To notice and describe the situation around me (when, where, what, who). LI: To name two of my triggers and two of my sparks. Introduction & Core Lesson	Concept 6 - Situations that Trigger and Spark LI: To notice and describe the situation around me (when, where, what, who). LI: To name two of my triggers and two of my sparks. Group Activity	Concept 6 - Situations that Trigger and Spark LI: To notice and describe the situation around me (when, where, what, who). LI: To name two of my triggers and two of my sparks. Geared Activity & Wrap Up
	British Values	BV: Mutual Tolerance and Respect	BV: Mutual Tolerance and Respect Lessons 5, 6 & 7: We are Britain (merged into 1 lesson)	BV: Democracy & Rule of Law Lesson 1: Democracy for All	BV: Democracy & Rule of Law Lesson 2: Democracy for All	BV: Democracy Lessons 1 & 2:	BV: Rule of Law Lessons 1 & 2: Games without Rules

	(1 x lesson)	Lessons 3 & 4: We are Britain (merged into 1 lesson) L.I. To be able to think about what different people in Britain are like. To be able to write about yourself.	L.I. To be able to experiment with words to write a poem about myself and who I am.	L.I. To begin to know the meaning of the terms 'democracy' and 'rule of law' and why they are important.	L.I. To be able to write a short speech about their attributes to lead a democracy. To be able to take part in a fair vote.	Campaign to Support the Crayons (Merged into 1 lesson). L.I. To be able to explore ways of expressing opinions and how to campaign for democratic change. To be able to take part in a debate, representing a different character and delivering their desires through argument, persuasion, fact and opinion.	(Merged into 1 lesson). L.I. To be able to follow and value rules. To be able to make rules, learning their value and purpose.
	No Outsiders (1 x lesson)	Along Came A Different  L.I: To understand that there is more to unite us than divide us.	Red  L.I: To be who you want to be.	Aalfred And Aalbert  L.I: To find common ground.	Julian Is A Mermaid  L.I: To accept differences and be inclusive.	When Sadness Comes To Call  L.I: To understand how to deal with uncomfortable emotions.	Dogs Don't Do Ballet  L.I: To know when to be assertive.
UKS2 Year 5	One Decision (3 x lessons)	Looking out for others	Puberty	Smoking E-Safety- Image sharing	Inclusion and acceptance	Anger First Aid (Specialist Unit) Basic Life Support	Peer pressure My Money Week - Enterprise
	Zones of Regulation (1 x lesson)	Concept 7 - What Is a Regulation Tool? L.I: To identify common regulation tools around me. L.I: To use The Zones of Regulation to categorise regulation tools. Introduction & Core Lesson	Concept 7 - What Is a Regulation Tool? L.I: To identify common regulation tools around me. L.I: To use The Zones of Regulation to categorise regulation tools. Group Activity	Concept 7 - What Is a Regulation Tool? L.I: To identify common regulation tools around me. L.I: To use The Zones of Regulation to categorise regulation tools. Geared Activity & Wrap Up	Concept 8 - My Zones Toolbox L.I: To reflect on how a tool helps me regulate. L.I: To share helpful tools from each zone. Introduction & Core Lesson	Concept 8 - My Zones Toolbox L.I: To reflect on how a tool helps me regulate. L.I: To share helpful tools from each zone. Group Activity	Concept 8 - My Zones Toolbox L.I: To reflect on how a tool helps me regulate. L.I: To share helpful tools from each zone. Geared Activity & Wrap Up
	British Values (1 x lesson)	BV: Democracy Lesson 1: Democracy for All L.I. To know the term Democracy and why it matters.	BV: Democracy Lesson 2: Democracy for All L.I. To be able to write a short speech about ideas to improve life. To be able to take part in a fair vote.	BV: Rule of Law Lesson 1: Rules & Laws L.I. To know why there is the value 'Rule of Law'	BV: Rule of Law Lesson 2: Rules & Laws L.I. To be able to explore rules, learning their value and purpose.	BV: Mutual Tolerance & Respect for Diversity Lessons 1 & 2: People Equal Poem (Merged into 1 session) L.I. To know how all people are equal but	BV: Mutual Tolerance & Respect for Diversity Lesson 4: Writing a Class People Equal Poem L.I. To know how all people are equal but different. To be able to write a poem about equality.

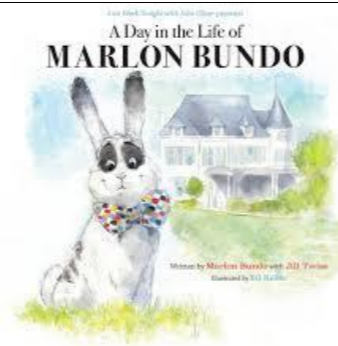
						different through exploring a poem.	
	No Outsiders (1 x lesson)	Kenny Lives with Erica and Martina  LI: To consider consequences.	And Tango Makes Three  LI: To accept people who are different to me.	The Girls  LI: To explore friendship.	Mixed  An inspiring story about colour LI: To consider responses to racist behaviour.	How To Heal A Broken Wing  LI: To recognise when someone needs help.	Rose Blanche  LI: To justify my actions.
Upper KS2 Year 6 Note: Y6 pupils are to complete exit assessment at end of each strand.	One Decision (3 x lessons)	Stealing	Conception	Alcohol E-Safety- Making friends on-line	British Values	Worry First Aid (Specialist Unit) 1) Head Injuries and severe bleeding 2) Minor burns, scalds and fractures	Water safety My Money week- 'In App purchases'
	Zones of Regulation (1 x lesson)	Concept 9 - Deciding to Regulate LI: To pause and think about my options and goals before acting. LI: To decide if using a regulation tool will help in a situation. Introduction & Core Lesson	Concept 9 - Deciding to Regulate LI: To pause and think about my options and goals before acting. LI: To decide if using a regulation tool will help in a situation. Group Activity	Concept 9 - Deciding to Regulate LI: To pause and think about my options and goals before acting. LI: To decide if using a regulation tool will help in a situation. Geared Activities & Wrap Up	Concept 10 - The Zones Pathway LI: To use the Zones Pathway in real-time and situations. LI: To use the Zones Pathway to reflect on how regulation is working for me. Introduction & Core Lesson	Concept 10 - The Zones Pathway LI: To use the Zones Pathway in real-time and situations. LI: To use the Zones Pathway to reflect on how regulation is working for me. Group Activity & Wrap Up	Concept 10 - The Zones Pathway LI: To use the Zones Pathway in real-time and situations. LI: To use the Zones Pathway to reflect on how regulation is working for me. Geared Activity & Wrap Up
	British Values (1 x lesson)	BV: Individual Liberty Lesson 1: Individual Liberty L.I. To be able to explore the right to live in freedom and individual liberty.	BV: Democracy Parliament Week Activities (Visit to Parliament or Council Chambers)	BV: Individual Liberty Lesson 2: Individual Liberty (Supporting other peoples' liberty) L.I. To be able to explore ways they can support other people's right to live in freedom and individual liberty.	BV: Individual Liberty Lesson 3: Individual Liberty (Staying Free & Avoiding Peer Pressure) L.I. To know to allow other people to have liberty. To know that individual liberty has to be within the rules.	BV: Individual Liberty Lesson 4: Individual Liberty (Exploring Human Rights) L.I. To know about the UN Children's Human rights & Freedoms	BV: Individual Liberty Lesson 5: Individual Liberty (Exploring my individual liberties and My Values) L.I. To be able to explore my own individual liberty to be who I want to be.
	No Outsiders (1 x lesson)	The Island	Introducing Teddy	A Day In The Life Of Marlon Bundo	Leaf	The Only Way Is Badger	King Of The Sky



LI: To challenge causes of racism.



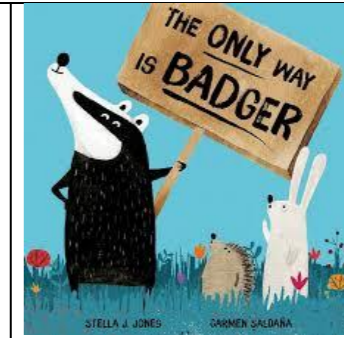
LI: To understand transgender and transitioning.



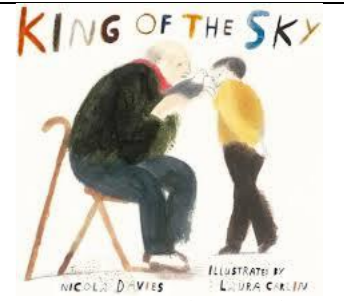
LI: To understand the importance of voting and to celebrate differences.



LI: To understand the importance of not judging others.



LI: To consider language and freedom of speech.



LI: To understand immigration and friendship.